



Jump Rope and Docker with Coach Brown

Come in before school and finish off the week with a workout Friday morning. We will focus on learning a variety of single and double jump rope tricks. We will then demonstrate our jump rope skills at the 2019 Spring Showcase. We will also mix in a fun game of Docker every once in a while to add variety to our routine. Limited to 16 students.

Details:

Grade: 2nd-5th

Time: Every Friday from 7:45-8:30 from September 14th through December 14th

Cost: \$40 per month(\$160 total) or \$120 for the semester (save \$40). Please talk to me if cost is an issue.

Make checks payable to Hunter Brown

Return to Coach Brown

Student Name _____

Parent Signature _____

Contact Phone _____

Contact E-Mail _____

Date _____