Love and Logic

Guiding Children to Solve Their Own Problems

Love and Logic Step One: **Empathy.**

"How sad."

"I bet that hurts."

Love and Logic Step Two: **Send the "Power Message."**

"What do you think you're going to do?"

Love and Logic Step Three: **Offer choices.**

"Would you like to hear what other kids have tried?"

At this point, offer a variety of choices that range from bad to good. It's usually best to start out with the poor choices.

Each time a choice is offered, go on to step four, forcing the youngster to state the consequence in his/her own words. This means that you will be going back and forth between Love and Logic steps three and four.

Love and Logic Step Four: **Have the child state the consequences.**

"And how will that work?"

Love and Logic Step Five: **Give permission for the child to either solve the problem or not solve the problem.**

"Good luck. I hope it works out."

Have no fear. If the child is fortunate enough to make a poor choice, he/she may have a double learning lesson.

People who are really successful implementing this skill purchased Four Steps to Responsibility

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